

**Mohammad Reza Nikkhou, Ph.D., C.Psych.**  
***Registered Psychologist***

***Practice in Clinical & Counseling Psychology***

8 Lisa Brown Court, Richmond Hill, ON, L4E4K9

Phone: (647) 529-1347

E-mail: [drnikkhou@gmail.com](mailto:drnikkhou@gmail.com)

[www.drmmohammadnikkhou.ca](http://www.drmmohammadnikkhou.ca)

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**Professional Degrees and Certificates:**

*Certificate of Registration Authorizing Autonomous Practice as a Psychologist; The College of Psychologists of Ontario, Dec 2008, Canada.*

*Post PhD Neuropsychology Certificate (continuing); Sept 2014 to present; Fielding University, New York.*

*PhD Degree in Psychology (evaluated by U of T as Canadian equivalent); 1998, Azad University, Tehran, Iran.*

*MS Degree in Personality Psychology (evaluated by U of T as Canadian equivalent); 1993, Azad University, Karaj, Iran.*

*BS Degree in Clinical Psychology (evaluated by U of T as Canadian equivalent); 1991, Azad University, Roodehen, Iran.*

**Continuing Education Certificates:**

*Certificate of Disability Evaluation and Impairment Rating by the American Board of Forensic Professionals (ABFP), August 2012.*

*Certificate of Continuing Education Course (AMA Guides to the Evaluation of Permanent Impairment, 4<sup>th</sup> Edition-44 CE Credits) Sponsored by the Canadian Memorial Chiropractic College; May 2012. Canada, Toronto.*

*Certificate of Continuing Education Course (Professional Considerations in Assessing & Managing Chronic Pain Workshop-6 CE Credits) Sponsored by the Canadian Academy of Psychologists in Disability Assessment; October 2011. Canada, Toronto.*

*Certificate of Completion of the Graduate Level Course in Adult Offender Assessment, Sponsored by the Correctional Service Canada; Given by Dr. Ralph Serin, Carleton University; March 2013. Canada, Kingston.*

*Certificate of Continuing Education Course (Violence Assessment Workshop-7.5 CE Credits) Sponsored by the Canadian Psychological Association; June 2011. **Canada, Toronto.***

*Certificate of Continuing Education Course (Group Crisis Intervention-14 CE Credits) International Critical Incident Stress Foundation; Oct 2012. **Canada, Kingston.***

*Certificate of Continuing Education Course (Individual Crisis Intervention and Peer Support-13 CE Credits) International Critical Incident Stress Foundation; Oct 2012. **Canada, Kingston.***

*Certificate of Continuing Education Course (Building Bridges Between Psychotherapy Research & Practice-6.5 CE Credits) Sponsored by the Ontario Psychological Association & York University (Faculty of Health); May 2011. **Canada, Toronto.***

*Certificate of Continuing Education Course (Cognitive Therapy: Building Core Clinical Competencies) Given by Dr. Christine Padesky; Sep 2010. **Canada, Toronto.***

*Certificate of Continuing Education Course (Psychological Practice Under the New SABS -6 CE Credits) Sponsored by the Ontario Psychological Association; Oct 2010. **Canada, Toronto.***

*Certificate of Progressive Goal Attainment Program (PGAP); University Centre for Research on Pain and Disability, McGill University; June 2009. **Canada, Mississauga.***

*Certificate of Continuing Education Course (Stress, Depression and Pain -6 CE Credits) Sponsored by the American Psychological Association; Nov 2008. **Canada, Richmond Hill.***

*Certificate of Continuing Education Course (Being an Ethical Psychologist -16 CE Credits) Sponsored by the Canadian Psychological Association; Feb 2008. **Canada, Toronto.***

*Support and Bereavement Facilitator - Level2 Certificate (Provided by Alliance Hospice); Oct 2007. **Canada, Toronto.***

*Intensive Interpersonal Psychotherapy Certificate (Training program presented by IPT Institute); Oct 2006. **Canada, Toronto.***

*Standard First Aid with CPR-Level HCP Certificate; Sep 2007. **Canada, Toronto.***

**Languages Spoken:**

English, Persian

**Major Memberships:**

Member of the College of Psychologists of Ontario  
Member of the Canadian Psychological Association  
Member of the Ontario Psychological Association  
Member of the American Board of Forensic Professionals  
Member of the Canadian Academy of Psychologists in Disability Assessment  
Member of the Association for Scientific Advancement in Psychological Injury and Law  
Member of the International Neuropsychological Society  
Member of the Iran Psychological and Counseling Council

**Awards:**

Distinguished Assistant Professor (2005-Tonekabon, IRAN IAU)  
Distinguished Student (1991 – Roodehen, IRAN IAU)

**Clinical Experiences:**

*CANADA*

Oct 2015-Present	Correctional Service Canada- Grand Valley Federal Institution for Women - Kitchener/ <u>Chief Psychologist</u> /Supervising Mental Health Staff and Managing Psychological Interventions for Adult Offenders.
July 2013-Present	Trillium Health Centre-Neurosciences and Musculoskeletal Services, Kingsway Financial Spine Centre, Toronto/ <u>Psychologist</u> /Providing Psychological Services (Assessment, Counseling and Psychotherapy) to Adult Clients.
Jan 2009-Present	Providing Independent Psychological Evaluations as a Consultant for WSIB, Centric Health, LifeMark Assessments, Independent Group of Medical Specialists (IGMS), RJL Enterprises Inc, VPI, CVE, Altum Health.
Aug 2012-Present	Quinte Assessment and Treatment Group Inc- Belleville/ <u>Psychologist</u> /Providing Psychological Services (Assessment, Counseling and Psychotherapy) to Adult Clients.
May 2010-Present	Private Practice in Clinical & Counseling Psychology/ Providing Psychological Services (Assessment, Counseling and Psychotherapy) to Adult Clients.
Aug 2012-May 2013	Correctional Service Canada-Joyceville Institution-

Kingston/Psychologist /Providing Psychological Services (Assessment, Counseling and Psychotherapy) to Adult Offenders.

- Mar 2009-Oct2010 Toronto Police Service – Toronto/ Consultant Psychologist/ Providing Psychological Assessment for Police Constable Candidates.
- Oct2007-Dec 2008 Dr. Romeo Vitelli, Neuropsychological Services Centre-Toronto/Psychologist (supervised practice) /Providing Psychological Services (Assessment, Counseling and Psychotherapy) to Adult Clients and MVA victims.
- Oct2007-Dec 2008 Dr. John Munn, Private Practice Office-Toronto/Providing Psychological Services (Assessment, Counseling and Psychotherapy) to Adult Clients (supervised practice).
- Sep2007-Jan 2009 Alliance Hospice – Toronto/ Bereavement & Support Volunteer/ Providing Counseling Services to Bereaved Adult Clients.

***IRAN***

- 2002-Jul 2007 Iranian Psychiatric Hospital/ Head of The Psychology Department/ Providing Psychotherapeutic services and Psychological Assessment to Clients (inpatient and outpatient- children & adults) with Anxiety Disorders, Mood Disorders, Schizophrenia and other psychotic Disorders, Impulse Control and Conduct Disorders, Marital & Family Problems, Sexual Problems and Substances Related Disorders (about 16 hours/weeks).
- 1996-Jul 2007 Azad University- Tonekabon/ Supervisor Professor/Providing Counseling and Clinical Training of Students in Practical Courses (16 hours/weeks).
- 1993-1996 Tehran Municipality – 3<sup>rd</sup> Zone/ Psychotherapist / Provided Counseling and Psychotherapeutic Services to Clients with Anxiety Disorders, Mood Disorders , Children with Behavioral Problems, Family and Marital Problems (24 hours/weeks).
- 1993-1995 Ghods Medical Center – Azad University- Medical School/ Psychologist/Psychological Assessment of Children, Adolescents and Adults, Behavior therapy for Children with Elimination

Disorders, School Problems, Adjustment Disorders and Individual Therapy for Clients with Anxiety & Mood Disorders.

**Teaching and Academic Experiences:**

Jan 2009-Sep 2010 Laurentian University – Barrie Campus – Ontario/ Professor of Psychology (invited)/Department of Psychology, (Taught Undergraduate Course: “Emotion”).

1998-Jul 2007 Azad University-Tonekabon/ Professor of Psychology (full time)/Department of Clinical Psychology,(Taught undergraduate courses: “Psychopathology”, “Psychotherapy-Theories & Applications”, “Psychological Assessment”).

1999-Jul 2007 Azad University-Roodehen/ Professor of Psychology(part time)/ Department of Clinical Psychology/( Taught undergraduate and graduate courses: “Psychopathology”, “Psychotherapy-Theories & Applications”, “Behavior therapy”, “Research Methods in Psychology” and “ Emotion & Motivation”).

2000-2006 Azad University- Sciences & Research Branch of Tehran/ Invited Professor/ Department of Psychology/ (Taught graduate courses: “ Research Methods in Psychology” , “Emotion & Motivation”, “Theories & Systems in Psychology”, “ Psychological Assessment”).

1998-2001 Allameh Tabatabaee University- Faculty of Psychology and Educational Sciences-Tehran/ Invited Professor / (Taught graduate courses: “General Psychology” , “Emotion & Motivation” , “Research Methods in Psychology”).

1998-2002 Azad University - Karaj/ Faculty of Humanity Sciences/ Department of Psychology/ Invited Professor/ (Taught graduate and undergraduate courses: “ Psychopathology”, “ Psychotherapy-Theories & Applications”, “Psychological Assessment”).

1994-1996 Azad University - Tehran/ Faculty of Humanity Sciences/ Department of Psychology/ Invited Lecturer/ (Taught undergraduate courses: “Psychopathology”, “ Clinical Child Psychology” , “ Child Psychopathology”, ”Introduction to Clinical Psychology”).

1994 Azad University – Abhar/ Faculty of Humanity Sciences/ Department of Counseling Psychology/ Invited Lecturer/ (Taught

undergraduate courses: “ Theories of Psychotherapy”, “ Play Therapy”.

1993-1995 Ministry of Education – Tehran/ Higher Education During Service for Teachers/ Invited Lecturer/ ( Taught undergraduate courses: “General Psychology”, “ Mental Health”, “ Individual Differences” and “ Developmental Psychology ”.

1993-1999 Azad University – Roodehen/ Department of Clinical Psychology/ Invited Lecturer/ (Taught undergraduate courses: “ Child Psychopathology”, “ Theories of Learning ”, ” General Psychology ”.

### **Workshops:**

- 1- Nikkhou, M.R. (2013, Nov). *Mental Health and Stress Management*/ Workshop presented at York University-ISAYU-Toronto/Canada.
- 2- Nikkhou, M.R. (2005, June). *Research Methods in Psychology*/ Workshop presented at the Azad University-Roodehen Branch.
- 3- Nikkhou, M.R. (2004, Feb). *Stress Management* / Workshop presented for Managers of Oil Industries (Iran Oil National Company)-Gachsaran.
- 4- Nikkhou, M.R. (2003, Feb). *Psychotherapeutic Techniques* / Workshop presented at the Education Administration of Ramsar – Counseling Center.
- 5- Nikkhou, M.R. (2001, June). *Clinical Diagnosis Methods in Psychopathology*/ Workshop presented at the Azad University- Roodehen Branch.
- 6- Nikkhou, M.R. (2000, Feb). *Research Methodology in Psychology and Educational Sciences*/ Workshop presented at the Azad University-Sary Branch .

### **Seminars:**

- 1- Celinski M, Allen L, Nikkhou M (November, 2015). *Neuropsychological Correlates of Poor Effort Related to Performance on TOMM, CARB and Psycho Assistant*/ Presented at 35<sup>th</sup> Annual Conference of National Academy of Neuropsychology, Texas, USA.
- 2 - Nikkhou, M. R.; Celinski, M & Allen, Lyle (June, 2014). *Symptom Validity Tests and Emotional Psychopathology*/ Presented at XIV Annual Meeting of the International Association of Forensic Mental Health Services, Toronto, Ontario.
- 3- Nikkhou, M. R. (March, 2013). *Ethical Dilemmas in Management of Suicidal/Self-Injurious Behaviors*/ Presented at Correctional Service Canada-Kingston, Ontario.

- 4- Nikkhou, M. R. (Oct, 2012). *The Nature of Psychopathic Personality/ Correctional Service Canada-Kingston, Ontario.*
- 5-Nikkhou,M.R.& Javanfar,N.(2008,Feb). *Bullying in Schools and Internet/ Presented at North York Civic Center (Invited by Iranian-Canadian Youth Support Group)/ Toronto, Canada.*
- 6- Nikkhou,M.R.(2003,Apr). *Identity Forming Process in Youth / Presented at The Research Centre of Azad University / Iran-Arak.*
- 7- Nikkhou,M.R.(1998,Jul). *Relapse Prevention Methods in Opium Addiction / Presented at The National Seminar of Youth Addiction / Iran- Tabriz.*
- 8- Nikkhou,M.R.(1998,Oct). *The Pioneers of Mental Health & Psychiatry in The Beginning of Islamic Civilization in Iran / Presented at The Congress of Mental Health /Azad University-Iran,Tonekabon.*
- 9- Nikkhou.M.R.& Vaziri,Sh.(1993,Oct). *The Characteristics of A Good Counselor/ Presented at The Seminar of Counseling Status in The Education / Azad University-Iran,Abhar.*
- 10- Nikkhou,M.R.,Vaziri,Sh.& Izadi,C.(1993,Dec). *The Effects of Coping Skills Training on The Tension Reduction of Mental Retarded children's Mothers / The 4<sup>th</sup> Iranian Congress of Research in Psychiatry & Psychology / Shahid Beheshti University of Medical Sciences – Iran,Tehran.*
- 11- Nikkhou.M.R.& Vaziri,Sh.(1993,Oct). *The Characteristics of A Good Counselor/ Presented at The Seminar of Counseling Status in The Education / Azad University-Iran,Abhar.*
- 12- Nikkhou,M.R.& Vaziri,Sh.(1993,Oct). *The Effects of Coping Skills Training on The Tension Reduction of Group Counselors/ Azad University – Iran, Abhar.*

**Articles:**

- 1-Nikkhou,M.R.(2007,May). *The Application of Halstead – Reitan Test Battery in Neuropsychological Assessment / Presented at the 1<sup>st</sup> International Congress of Neuroscience/ Iran-Tehran.*
- 2- Nikkhou,M.R.& Ghofrani,M.(2005,Jul). *Personality Traits and Susceptibility to Cancer/ Presented at the 9<sup>th</sup> European Congress of Psychology /Spain-Granada.*
- 3- Nikkhou,M.R.& Mirhashemi,M.(2005,April). *Principles and Methods of Development Research in Knowledge Procreation's Field / Presented at The 1<sup>st</sup> International Congress on Science Development, Software Movement*

And Free Thinking / Iran-Tehran.

- 4- Nikkhou,M.R.& Ahadi,H.(2004,Sep). *Religious Assessment in Psychotherapy* / Presented at the 2<sup>nd</sup> Asian Psychotherapy Congress / Iran-Tehran.
- 5- Nikkhou,M.R.(2004,Sep). *Analytical Review of The Sport Physiology – The Book that translated by Zia Moeeni et al* / Ketabe Mahh, Monthly Journal of Books analysis, Vol.7, No.6, PP-39-40.
- 6- Nikkhou,M.R.(2004,Sep). *The Effects of Body Building Exercises on Mind* / Parvaresh Andam, Monthly Journal, Vol.2, No.18, PP-26-27.
- 7- Nikkhou,M.R.(2003,Dec). *Short Term Immigrations and The Problem of New Acculturation* / Presented at The Congress of Dialogue Between Overseas & Local Intellect Iranian Youth / Iran-Tehran.
- 8- Nikkhou,M.R.(2000,Jan). *The Prevalence of Stress Feeling and Physical Complaints Due to Educational Factors in Iranian High School Students* / Quarterly Journal of Education, Ministry of Education, The Islamic Republic of Iran, Vol.15, No.60, PP-75-96. Also, Presented in 2<sup>nd</sup> Seminar of Stress / Allameh Tabatabaee University, The Faculty of Psychology and Educational Sciences / Iran-Tehran.
- 9- Nikkhou,M.R.(1998,Jul). *The Modern Methods for Preventing of Addiction Relapse* / Jamee Salem, Monthly Journal, Vol.8, No.39, PP-50-53.
- 10- Nikkhou,M.R.(1998,Oct). *The Effects of Divorce and Remarriage of Parents on Children's Adjustment* / Presented at The 1<sup>st</sup> Congress of Child & Family / Azad University-Iran,Tonekabon.
- 11- Nikkhou,M.R.& Izadi,C.(1994,May). *A Comparative Study of Iranian Schizophrenic Patients' Responses to Rorschach Test* / Presented at The annual Congress of Psychiatry & Clinical Psychology/ Tehran University of Medical Sciences-Iran,Tehran.
- 12- Nikkhou,M.R.(1993,Oct). *The Study of Emotionally Disturbed Children's Responses to The Rorschach Test* / The 2<sup>nd</sup> National Seminar of The Behavioral Disorders of Children / Zanzan University of Medical Sciences – Iran,Zanzan.
- 13- Nikkhou,M.R.,et al.(1993,Jun). *The Effects of Sport Exercises on The Personality Traits of Adolescents* / The Seminar of Iranian Adolescent's Problems / Azad University – Iran, Khorasgan.
- 14- Nikkhou,M.R.(1993,Feb). *The Psychology of Adolescent Athletes*(Translated From English to Persian) / Written by F,Smul&R,Smith / Daneshmand, Monthly Journal, Vol.30,No.42(Appendix).



**Books:**

***I-Translated From English to Persian:***

- 1-Tsoi,W.F.& Kua E.H.(1985).*Clinical Psychiatry for Family Physicians*. Singapore:P.G.Publishing.
- 2-Eysenck,H..J.(1985).*Decline and Fall of the Freudian Empire*.London:Pan Books.
- 3-Marnat,G.G.(1990).*Handbook of Psychological Assessment*.New York:John Wiley&Sons.
- 4-Appleby,L.& Forshaw,D.(1992).*Postgraduate Psychiatry: Clinical and Scientific Foundations*.Great Britain:Butterworth-Heinemann Ltd.
- 5-World Health Organisation.(1992).*International Classification of Diseases(Chapter 5F)*.Genewa:Author.
- 6-Lindsay,S.J.E.& Powell,G.(1994).*The Handbook of Clinical Adult Psychology*. London:Routledge.
- 7-American Psychiatric Association.(1994).*Diagnostic and Statistical Manual of Mental Disorders-Fourth Edition*. Washington,DC:Author.
- 8-Spitzer,R.L.et al.(1994).*DSM-IV Casebook:A Learning Companion to Diagnostic and Statistical Manual of Mental Disorders-Fourth Edition*. Washington,DC:Author.
- 9-Plomin,R.et al.(1997).*Behavioral Genetics*.3rd ed.New York:W.H.Freeman & Company.
- 10-Barker,C.et al.(1998).*Research Methods in Clinical and Counselling Psychology*.New York:John Wiley&Sons.
- 11-American Psychiatric Association.(2000).*Diagnostic and Statistical Manual of Mental Disorders-Fourth Edition,Text Revision*. Washington,DC:Author.
- 12-Marnat,G.G.(2003).*Hand Book of Psychological Assessment* . New York:John Wiley&Sons.
- 13-Coleman,V.(1991).*Toxic Stress and The Twentieth Century Blues*. London:Author.
- 14-Schultz,D.P.(1990).*Theories of Personality*. New York: Macmillan.
- 15-Duckworth,J.C& Anderson,W.P.(1994).*MMPI & MMPI-2 (Interpretation*

*Manual for Counselors and Clinicians*).Muncie,IN:Accelerated Development.

16-Marnat,G.G.(2000).*Neuropsychological Assessment in Clinical Practice*.  
NewYork:JohnWiley&Sons.

17- Reber, A. S. (2001). *Dictionary of psychology*. London, Penguin/Viking.

## ***II-Written in Persian Language:***

17-Nikkhou,M.R.& Avadisyans,H.( 1996). *Psychotherapy At a Glance (An Introduction to Concepts, Theories and Practical Methods of Psychotherapy)*.  
Tehran,Ketabe Emrooz .

18-Nikkhou,M.R.(2001). *Men 's Sexual Life* . 2<sup>nd</sup> Edition,Tehran, Sokhan.

19- Nikkhou,M.R.(2001). *Women 's Sexual Life* . 2<sup>nd</sup> Edition,Tehran, Sokhan.

20-Nikkhou,M.R.(2001). *Menopause ( Realities and Challenges of Middle-aged Women)*. Tehran, Sokhan.

21-Nikkhou,M.R.& Izadi,C.(2004). *Sexual Crisis of Woman ( The Psychology of Women 's Psycho-Sexual Challenges of Life )*. Tehran, Sokhan.

22-Nikkhou,M.R.(2005). *Menstruation Disorders ( Diagnosis and Treatment of Psychological Aspects of Menstrual Disorders)*. Tehran, Sokhan.

23-Nikkhou,M.R.& Avadisyans,H.(2004). *DSM-IV-TR at a Glance ( A Summary of Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition – Text Revision*. Tehran,Sokhan.

24-Nikkhou,M.R.(2005). *Psychological Therapies in Psychology and Psychiatry*.  
Tehran, Sokhan.

25-Nikkhou,M.R.& Salari,A.(2006). *Dictionary of Common Psychological Terms*,  
Tehran, Qmars.